

September 2026 | Academy of Excellence South K-12 Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 WG Trix Cereal WG Vanilla Bear Crackers 100% Fruit Juice Applesauce Cup Choice of Milk	1 Tropical Mango Yogurt Cup WG Rockin'ola Granola 100% Fruit Juice Seasonal Fruit Choice of Milk	2 WG Strawberry Cream Cheese Filled Mini Bagels** 100% Fruit Juice Fresh Banana Choice of Milk	3 WG Honey Bunches of Oats WG Jungle Crackers 100% Fruit Juice Seasonal Fruit Choice of Milk	4 WG Blueberry Muffin Colby Jack Cheese Stick 100% Fruit Juice Fresh Banana Choice of Milk
Alternate Breakfast Entrée: WG Cinnamon Mini Cinnis**				
7 LABOR DAY CFI CLOSED	8 WG Cinnamon Chex Roasted Sunflower Kernels 100% Fruit Juice Applesauce Cup Choice of Milk	9 WG Apple Cinnamon Nutri-Grain Bar Cheddar Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	10 Tropical Yogurt Smoothie WG Maple Waffle Grahams Fresh Banana Choice of Milk	11 WG Lemon Chip Dunker Bar** 100% Fruit Juice Seasonal Fruit Choice of Milk
Alternate Breakfast Entrée: WG Grape Filled Crescent**				
14 WG Cinnamon Pop-Tarts** 100% Fruit Juice Applesauce Cup Choice of Milk	15 WG Frosted Corn Flakes WG Chocolate Belly Bears 100% Fruit Juice Seasonal Fruit Choice of Milk	16 WG Cinnamon Mini Cinnis** 100% Fruit Juice Fresh Banana Choice of Milk	17 Classic Vanilla Yogurt Cup WG Chortles 100% Fruit Juice Seasonal Fruit Choice of Milk	18 WG Banana Muffin String Cheese 100% Fruit Juice Fresh Banana Choice of Milk
Alternate Breakfast Entrée: WG Cherry Frudel**				
21 WG Trix Cereal Honey Roasted Sunflower Kernels 100% Fruit Juice Applesauce Cup Choice of Milk	22 WG Blueberry Nutri-Grain Bar Colby Jack Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	23 WG Chocolate Chip Ultimate Breakfast Round** 100% Fruit Juice Fresh Banana Choice of Milk	24 WG Lemon Breakfast Bread** 100% Fruit Juice Seasonal Fruit Choice of Milk	25 Strawberry Banana Yogurt Cup WG Rockin'ola Granola 100% Fruit Juice Fresh Banana Choice of Milk
Alternate Breakfast Entrée: WG Poffitz Pancake Bites**				
28 WG Eggo French Toast Crackers** 100% Fruit Juice Applesauce Cup Choice of Milk	29 Cherry Vanilla Yogurt Cup WG Rockin'ola Granola 100% Fruit Juice Seasonal Fruit Choice of Milk	30 WG Poffitz Pancake Bites** 100% Fruit Juice Fresh Banana Choice of Milk		MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE
Alternate Breakfast Entrée: WG Chocolate Filled Crescent**				

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

AOE South K-12 Breakfast Menu

September 2026 | Academy of Excellence North & Wind Lake High School K-12 Breakfast



CFI

CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 WG Trix Cereal WG Vanilla Bear Crackers 100% Fruit Juice Applesauce Cup Choice of Milk HOT BK: WG Croissant with Chicken Sausage & Cheese**	1 Tropical Mango Yogurt Cup WG Rockin'ola Granola 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Cinnamon Mini Cinnis**	2 HOT BK: WG Strawberry Cream Cheese Filled Mini Bagels** 100% Fruit Juice Fresh Banana Choice of Milk	3 WG Honey Bunches of Oats WG Jungle Crackers 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Chocolate Chip French Toast Minis**	4 WG Blueberry Muffin Colby Jack Cheese Stick 100% Fruit Juice Fresh Banana Choice of Milk HOT BK: WG Cinnamon Glazed Pancakes**
7 LABOR DAY CFI CLOSED	8 WG Cinnamon Chex Roasted Sunflower Kernels 100% Fruit Juice Applesauce Cup Choice of Milk HOT BK: WG Grape Filled Crescent**	9 WG Apple Cinnamon Nutri-Grain Bar Cheddar Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: Colby Cheese Omelet**	10 Tropical Yogurt Smoothie WG Maple Waffle Grahams Fresh Banana Choice of Milk HOT BK: WG Poffitz Pancake Bites** (add 100% Fruit Juice)	11 WG Lemon Chip Dunker Bar** 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Chicken Sausage Maple Pancake Wrap**
14 WG Cinnamon Pop-Tarts** 100% Fruit Juice Applesauce Cup Choice of Milk HOT BK: WG Cherry Frudel**	15 WG Frosted Corn Flakes WG Chocolate Belly Bears 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Mini Maple Waffles**	16 HOT BK: WG Cinnamon Mini Cinnis** 100% Fruit Juice Fresh Banana Choice of Milk	17 Classic Vanilla Yogurt Cup WG Chortles 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Croissant with Chicken Sausage & Cheese**	18 WG Banana Muffin String Cheese 100% Fruit Juice Fresh Banana Choice of Milk HOT BK: Manager's Choice**
21 WG Trix Cereal Honey Roasted Sunflower Kernels 100% Fruit Juice Applesauce Cup Choice of Milk HOT BK: WG Poffitz Pancake Bites**	22 WG Blueberry Nutri-Grain Bar Colby Jack Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Cinnamon Cream Cheese Filled Mini Bagels**	23 WG Chocolate Chip Ultimate Breakfast Round** 100% Fruit Juice Fresh Banana Choice of Milk HOT BK: WG Apple Frudel**	24 WG Lemon Breakfast Bread** 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Mini Blueberry Pancakes**	25 Strawberry Banana Yogurt Cup WG Rockin'ola Granola 100% Fruit Juice Fresh Banana Choice of Milk HOT BK: Manager's Choice**
28 WG Eggo French Toast Crackers** 100% Fruit Juice Applesauce Cup Choice of Milk HOT BK: WG Chocolate Filled Crescent**	29 Cherry Vanilla Yogurt Cup WG Rockin'ola Granola 100% Fruit Juice Seasonal Fruit Choice of Milk HOT BK: WG Chicken Sausage Maple Pancake Wrap**	30 HOT BK: WG Poffitz Pancake Bites** 100% Fruit Juice Fresh Banana Choice of Milk		MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

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AOE North & HS K-12 Breakfast Menu

September 2026 | Academy of Excellence

Wind Lake High School

9-12 Hot Lunch with Pizza Fridays



CENTERS FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Glazed Chicken Leg BBQ or Hot Sauce Packet Vegetarian Baked Beans (1 cup) WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit & 100% Juice Choice of Milk	1 WG Italian Cheesy Pull Aparts Marinara Dipping Sauce Fresh Broccoli Bites w/ Ranch Seasonal Fruit & 100% Juice Choice of Milk	2 LOCAL All Beef Hot Dog WG Hot Dog Bun Ketchup Packet Baby Carrots Seasonal Fruit & 100% Juice Choice of Milk	3 WG Chicken Pizza Quesadilla Sour Cream Taco Seasoned Corn WG Churro Crackers Seasonal Fruit & 100% Juice Choice of Milk	4 <u>-DOMINO'S PIZZA DAY-</u> Domino's Cheese Pizza Slice Garden Salad Blend w/ Italian Dressing WG Artisan Dinner Roll Seasonal Fruit & 100% Juice Choice of Milk
Cold Lunch: PBJ Uncrustables & Cheese Stick w/ WG Crackers				
7 LABOR DAY CFI CLOSED	8 Teriyaki Chicken WG Brown Rice Baby Carrots Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	9 Beef Hamburger Patty w/ Cheddar Cheese Slice WG Hamburger Bun Ketchup & Mustard Packet Roasted Baby Baker Potatoes Seasonal Fruit & 100% Juice Choice of Milk	10 Diced Chicken Taco w/ Cheese WG Soft Flour Tortilla Shredded Lettuce Salsa Cup WG Tortilla Chips (1 oz.) Seasonal Fruit & 100% Juice Choice of Milk	11 <u>-DOMINO'S PIZZA DAY-</u> Domino's Cheese Pizza Slice Romaine Salad w/ Dressing WG Pretzel Breadstick Seasonal Fruit & 100% Juice Choice of Milk
Cold Lunch: Deli Turkey Ham & Provolone Cheese on WG Croissant w/ Mayo Packet				
14 WG Beef & Cheese Burrito Sour Cream Fiesta Black Beans WG Farmer's Market Crackers Seasonal Fruit & 100% Juice Choice of Milk	15 <u>WI Harvest of the Month-</u> <u>Cucumber Crunch!</u> Sweet & Sour Chicken WG Brown Rice Fresh Cucumber Slices w/ Ranch Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	16 Beef Meatball Sub w/ Marinara & Mozzarella Cheese WG Bun Baby Carrots Seasonal Fruit & 100% Juice Choice of Milk	17 <u>International Eat an Apple Day</u> WG Breaded Chicken Drumstick BBQ Sauce Packet Sweet Corn Kernels WG Cornbread w/ Honey Fresh Local Apple & 100% Juice Choice of Milk	18 <u>-DOMINO'S PIZZA DAY-</u> Domino's Cheese Pizza Slice Romaine Salad w/ Dressing NEW! WG Sour Cream & Onion Goldfish Seasonal Whole Fruit & 100% Juice Choice of Milk
Cold Lunch: Crispy Chicken Wrap on 9" WW Tortilla w/ Ranch packet		Cold Lunch: BYO Lunch Kit- Turkey Coins, Cheese, WG Savory Crackers		
21 NEW! Salisbury Steak w/ Gravy Roasted Baby Baker Potatoes WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit & 100% Juice Choice of Milk	22 WG Chicken Nuggets (7) BBQ Sauce Packet Steamed Green Beans Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	23 Italian Meat Sauce & Marinara Twirly Pasta Fresh Broccoli Bites WG Artisan Dinner Roll Seasonal Fruit & 100% Juice Choice of Milk	24 WG Breaded Chicken Patty WG Hamburger Bun Mayo Packet Vegetarian Baked Beans Seasonal Fruit & 100% Juice Choice of Milk	25 <u>-DOMINO'S PIZZA DAY-</u> Domino's Cheese Pizza Slice Baby Carrots Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk
Cold Lunch: Southwest Chicken Salad Wrap on 9" WW Tortilla		Cold Lunch: BYO Lunch Kit- Turkey Pepperoni & Cheese, Marinara Cup, WG Flatbread		
28 Sweet & Sour Meatballs WG Brown Rice Baby Carrots Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	29 <u>Taco Tuesday</u> Beef Taco w/ Shredded Cheese WG Soft Flour Tortilla Sour Cream Fiesta Black Beans Assorted WG Crackers Seasonal Fruit & 100% Juice Choice of Milk	30 WG Cheese Pizza Sticks (3) Marinara Dipping Sauce Romaine Salad w/ Dressing Seasonal Fruit & 100% Juice Choice of Milk		MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE
Cold Lunch: PBJ Uncrustables & Cheese Stick w/ WG Crackers		Cold Lunch: Harvest Chicken Salad Wrap on 9" WW Tortilla		

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

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AOE 9-12 Hot Lunch w/ Pizza Fridays Menu

September 2026 | Academy of Excellence North & South K-8 Hot Lunch with Pizza Fridays



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Glazed Chicken Leg BBQ or Hot Sauce Packet Vegetarian Baked Beans WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk	1 WG Italian Cheesy Pull Aparts Marinara Dipping Sauce Fresh Broccoli Bites w/ Ranch Seasonal Fruit Choice of Milk	2 LOCAL All Beef Hot Dog WG Hot Dog Bun Ketchup Packet Baby Carrots Seasonal Fruit Choice of Milk	3 WG Chicken Pizza Quesadilla Sour Cream Taco Seasoned Corn WG Churro Crackers Seasonal Fruit Choice of Milk	4 -DOMINO'S PIZZA DAY- Domino's Cheese Pizza Slice Garden Salad Blend w/ Italian Dressing WG Artisan Dinner Roll Seasonal Fruit Choice of Milk
Cold Lunch: PBJ Uncrustables & Cheese Stick				
7 LABOR DAY CFI CLOSED	8 Teriyaki Chicken WG Brown Rice Baby Carrots Seasonal Fruit Choice of Milk	9 Beef Hamburger Patty w/ Cheddar Cheese Slice WG Hamburger Bun Ketchup & Mustard Packet Roasted Baby Baker Potatoes Seasonal Fruit Choice of Milk	10 Diced Chicken Taco w/ Cheese WG Soft Flour Tortilla Shredded Lettuce Salsa Cup WG Tortilla Chips (1 oz.) Seasonal Fruit Choice of Milk	11 -DOMINO'S PIZZA DAY- Domino's Cheese Pizza Slice Romaine Salad w/ Dressing WG Pretzel Breadstick Seasonal Fruit Choice of Milk
Cold Lunch: Deli Turkey Ham & Provolone Cheese on WG Croissant w/ Mayo Packet				
14 WG Beef & Cheese Burrito Sour Cream Fiesta Black Beans WG Farmer's Market Crackers Seasonal Fruit Choice of Milk	15 WI Harvest of the Month- Cucumber Crunch! Sweet & Sour Chicken WG Brown Rice Fresh Cucumber Slices w/ Ranch Seasonal Fruit Choice of Milk	16 Beef Meatball Sub w/ Marinara & Mozzarella Cheese WG Bun Baby Carrots Seasonal Fruit Choice of Milk	17 International Eat an Apple Day WG Breaded Chicken Drumstick BBQ Sauce Packet Sweet Corn Kernels WG Cornbread w/ Honey Fresh Local Apple Choice of Milk	18 -DOMINO'S PIZZA DAY- Domino's Cheese Pizza Slice Romaine Salad w/ Dressing NEW! WG Sour Cream & Onion Goldfish Seasonal Whole Fruit Choice of Milk
Cold Lunch: Crispy Chicken Wrap on 9" WW Tortilla w/ Ranch packet		Cold Lunch: BYO Lunch Kit- Turkey Coins, Cheese, WG Savory Crackers		
21 NEW! Salisbury Steak w/ Gravy Roasted Baby Baker Potatoes WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk	22 WG Chicken Nuggets (5) BBQ Sauce Packet Steamed Green Beans Assorted WG Crackers Seasonal Fruit Choice of Milk	23 Italian Meat Sauce & Marinara Twirly Pasta Fresh Broccoli Bites WG Artisan Dinner Roll Seasonal Fruit Choice of Milk	24 WG Breaded Chicken Patty WG Hamburger Bun Mayo Packet Vegetarian Baked Beans Seasonal Fruit Choice of Milk	25 -DOMINO'S PIZZA DAY- Domino's Cheese Pizza Slice Baby Carrots WG Pretzel Breadstick Seasonal Fruit Choice of Milk
Cold Lunch: Southwest Chicken Salad Wrap on 9" WW Tortilla		Cold Lunch: BYO Lunch Kit- Turkey Pepperoni & Cheese, Marinara Cup, WG Flatbread		
28 Sweet & Sour Meatballs WG Bown Rice Baby Carrots Assorted WG Crackers Seasonal Fruit Choice of Milk	29 Taco Tuesday Beef Taco w/ Shredded Cheese WG Soft Flour Tortilla Sour Cream Fiesta Black Beans Seasonal Fruit Choice of Milk	30 WG Cheese Pizza Sticks (2) Marinara Dipping Sauce Romaine Salad w/ Dressing Seasonal Fruit Choice of Milk		MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE
Cold Lunch: PBJ Uncrustables & Cheese Stick		Cold Lunch: Harvest Chicken Salad Wrap on 9" WW Tortilla		

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AOE K-8 Hot Lunch w/ Pizza Fridays Menu